

practise two **rak'ah** of protection as after **Maghrib**. Here **murīd** practise the tradition of refugeness, two **rak'ah** of '**istikhārah**. Then tradition of '**Ad-Duhā** 8 **rak'ah** (the least is 2 **rak'ah**) in the first **rak'ah** of '**Ad-Duhā** he reads after '**alfātihah sūrat 'Ad-Duhā** and in the second one he reads **sūrant 'al'inshirāh**, the time of '**Ad-Duhā** prayer starts at the sun shining, and ends at midday (**zawāl**) then **murīd** reads the following litany of '**Ad-Duhā**:

(Wird Ad-Duha - from Tariqah Sammaniyah-(a Qadiri branch
'Taken from 'The Blessed Litanies of Sammania Supplication Guide
From Grand Shaykh Hasan Qaribullah

Wird 'Ad-Duhā Litany ورْد الضُّحَى

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ، الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ، وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ . اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَبْلِ وَصَلَّةِ قُرْبِكَ الَّذِي مَنْ تَعَلَّقَ بِهِ نَجَا ، وَخَالِصِ شُرْبِ شِرْبِكَ الَّذِي مَنْ سَقِيَ مِنْهُ بَلَغَ مَا رَجَا ، وَيَسِرُّ سِرِّكَ الَّذِي يَحْسُنُ مَنَّا إِلَيْهِ الْإِتِّجَا ، وَقَوْلِكَ وَالضُّحَى وَاللَّيْلِ إِذَا سَجَا ،

bismi 'Allāhi 'arrahmān 'arrahīm, 'alhamdu lillāhi rabbi 'al'ālamīn, wa salli 'allahumma 'alā sayyidinā Muhammadin 'annabiyyi 'al'ummiyyi wa 'alā 'ālihi wa sahabihi wa sallim, 'allahūmma 'innī 'as'aluka bihabli waslati qurbika 'alladhī man ta'allaqa bihi najā, wa khālisi shurbi shirbika 'alladhī man suqiya minhu balagha mā rajā, wa bisirri sirrika 'alladhī yahsunu minnā 'ilayhi 'aliltijā, wa qawlika wadduhā wallayli 'idhā sajā,

In the name of Allah, Most Gracious, Most Merciful. Praise be to Allah the Cherisher and Sustainer of the worlds. Prayers of Allah be upon **sayyidinā** Muhammad the unlettered prophet, his family and companions altogether. O Allah I call on you by the robe of your nearness communication, for who ever hanged himself to it got rescued. And by the pure drink of Your drink, whoever got a drink of it attains his goal. (And) by the secret of Your secrets, the best harbour for us. And by Your statement: "By the glorious Morning light, and by the night when it is still"

أَنْ تَكْشِفَ لِي عَنْ مَقَامَاتِ الْوَلَا ، كَشْفًا مُتَرَادِفًا عَلَى الْوَلَا ، يَحْصُلُ بِهِ كَمَالُ الْجِلَا وَالْإِسْتِجْلَا مَعَ إِذْرَاكِ سِرِّ الْخَلْوَةِ وَالْجَلْوَةِ فِي الْخَلَا وَالْمَلَا وَيُنَادِي سِرِّي بَعْدَ كَشْفِ ضُرِّي مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَى ، وَلِلْآخِرَةِ خَيْرٌ لَكَ مِنَ الْأُولَى ،

'an takshifa lī 'an maqāmāti 'alwalā, kashfan mutarādifan 'alā 'alwilā, yahsulu bihi kamālu 'aljalā walistijlā, ma'a 'idrāki sirri 'alkhalwati waljalwati fī 'alkhalā walmalā, wa yunādā sirrī ba'da kashfi durrī mā wadda'aka rabbuka wa mā qalā, wa lal'ākhiratu khayrun laka min 'al'ulā,

By all these I call on You to reveal for me the ranks of patroning and protection. A revelation that accompanied with revelation and revelation, by which I can attain the complete and perfect knoweldge, (also) revelation by which I can attain the secret of seclusion or being with people in the dwelling areas or outside them. In which my secret calls, after all my problems been solved: " Thy guardian Lord Hath not forsaken thee, Nor is He displeased "

فَيَسْرِي بِكَلِّهِ وَكُلِّهِ لِحَبِيبِهِ ، فَيُشَاهِدُ أَسْرَارَ وَصَلِّهِ وَتَقْرِيْبِهِ ، اللَّهُمَّ فَجِّرْ يَنَابِيعَ مِيَاهِ أَسْرَارِكَ فِي قَلْبِي وَصَيِّرْهُ لَهَا سَمَاءً وَأَرْضاً ، وَهَبْنِي مِنَ الْمَعَارِفِ وَاللِّطَائِفِ مَا أَقْنَعُ بِهِ وَأَرْضَى ،

fayasrī bikallihi wa kullīhi lihābībīh, fayushāhidu 'asrāra waslihi wa taqrībīh, 'allahumma fajjir yanābī'a miyāhi 'asrārika fī qalbī wa sayyirhu lahā samā'an wa 'ardā, wa habnī min 'alma'ārifi wallatā'ifi mā 'aqna'u bihi wa 'ardā,

Then (my secret) travel during night by all of its merits and demerits to his beloved. And witness the secrets of his communication and nearness. O Allah explode the springs of your secrets water in my heart and make it (my heart), its sky and earth. And bestow on me from knowledges and subtles, what can make me feel satisfied and contented,

وَأَسْمِعْنِي خِطَاباً أَقْدَسِيّاً سِرِّيّاً نَفْسِيّاً وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَى ، حَتَّى أَجِدَ بَرْدَ ذَلِكَ
نَازِلاً عَلَى قَلْبِي ، وَيَسْكُنَ لَهُ جَاشِي وَلُبِّي ،

wa 'asmi'nī khitāban 'aqdasiyyan sirriyyan nafsiiyyan wa lasawfa yu'tika rabbuka fatardā, hattā 'ajida
barda dhālika nāzilan 'alā qalbī, wa yaskuna lahu ja'shī wa lubbī,

Let me hear from your side and in me soul a holy secret call: "And so on will Thy Guardian Lord give thee (that where with) thou shalt be well-pleased ". Untill I find the coolness of that, falls into my heart, and make my mind and feeling cool down and feel quiet.

اللَّهُمَّ اجْعَلْنِي مِمَّنْ آوَى إِلَى رُكْنٍ شَدِيدٍ ، وَحِصْنٍ مَنِيعٍ رَفِيعٍ حَمِيدٍ ، وَاجْعَلْنِي يَتِيمَ
الْمَعَانِي ، نَدِيمَ الْمُعَانِي ، وَفَهْمَنِي الْمَبَانِي ، وَعَلِّمْنِي أَسْرَارَ الْمَثَانِي لِأَفْهَمَ سِرِّ قَوْلِكَ
الَّذِي يُسَكِّرُ النَّشَاوَى أَلَمْ يَجِدْكَ يَتِيمًا فَآوَى ،

'allāhumma 'ij'alnī mimman 'āwā 'ilā ruknin shadīd, wa hisnin manī'in rafi'in hamīd, waj'alnī yatīm
'alma'ānī, nadīm 'almu'ānī, wa fahhimniya 'almabānī, wa 'allimnī 'asrār 'almathānī, li'afhama sirrā qawlika
'alladhī yuskiru 'annashāwā 'alam yajidka yatīman fa'āwā,

O Allah make me from those who were under strong shelter and strong supreme protection. Make me of a very unique knowledge, a companion of those of love. Let me understand the structures, teach me the secrets of 'almathānī (sūrat 'alfātihah) so I can understand your statement that made the lover, feel drunk: "Did he not find thee An orphan and give thee shelter (and care)".

وَبَسِّرْ حَيْرَةَ حَارَ بِهَا أَهْلُ الْإِهْتِدَا ، فِي قَوْلِكَ وَوَجَدَكَ ضَالًّا فَهَدَى ، وَأَعْنِي بِغِنَاكَ
لِأَتَحَقَّقَ فِي سِرِّ قَوْلِكَ وَوَجَدَكَ عَابِلًا فَأَعْنَى ، فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ ، وَأَمَّا السَّائِلَ فَلَا
تَنْهَرْ ، اللَّهُمَّ اجْعَلْنِي طَرِيقًا مُوصِلًا يَهْتَدِي بِي كُلُّ سَائِلٍ ، كَاشِفًا سِتْرَ حِجَابِ مَانِعٍ عَنِ
الشُّهُودِ وَحَائِلٍ ،

wa bisirri hayratin hāra bihā 'ahlu 'alihtidā, fī qawlika wa wajadaka dāllan fahadā, wa 'aghnnī bighināka
li'atahaqqaqa fī sirri qawlika wa wajadaka 'ā'ilan fa'aghnā, fa'ammā 'alyatīma falā taqhar, wa 'ammā
'assā'ila falā tanhar, 'allāhumma 'ij'alnī tarīqan muwassilan yahtadī bī kullu sā'il, kāshifan sitra hijābin
mānī'in 'anishshuhūdi wa hā'il,

(and) by the secret of a perplexity that embarrassed those guided, in your saying: "And he found thee in need, and made thee independent. Therefore treat not the orphan with harshness, nor repulse the petitioner (un heard)". O Allah make me a road that leads to You, by me guide, whoever looks for guidance. Make me a revealer of all covers that prohibits and stops the witnesses,

وَكُنْ فِي السِّرِّ مُحَادِثِي ، فَلَا أَشْهَدَ سِوَاكَ مِنْ مُحَدِّثٍ ، وَأَكُونُ مِمَّنْ امْتَثَلَ أَمْرَكَ فِي قَوْلِكَ وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ بِسُورَةِ الضُّحَىٰ وَبِبَابِ الضُّحَىٰ الَّذِي لَا يَدْخُلُهُ إِلَّا الْمُصَلُّونَ لِلضُّحَىٰ ، أَنْ تَمُنَّ عَلَيَّ بِنِقْطَةِ الْفُؤَادِ لِأَكُونُ مِمَّنْ صَحَا ، وَفِي وُجُودِ حَبِيبِهِ وَوُجُودِهِ انْمَحَى ،

wa kun fissirri muhādithī, falā 'ashhada siwāka min muhaddith, wa 'akūna mimman 'imtathla 'amraka fī qawlika wa 'ammā bini'mati rabbika fahaddith, 'allāhumma 'innī 'as'aluka bisūratī 'adduhā wa bibābi 'adduhā 'alladhī lā yadkhuluhi 'illā 'almusallūna lidduhā, 'an tamunna 'alayya biyaqazati 'alfu'ādi li'akūna mimman saḥā, wa fī wujūdi habībihi wujūduhu 'inmahā,

Talk to me in secret (in my heart) so I can see (witness) not any one but You the only speaker to me. Make me from those who accepted your instruction in your statement: "But the bounty of Thy lord rehearse and proclaim". O Allah I call on You by sūrat 'Ad-Duhā (The glorious morning light) and gate of 'Ad-Duhā that will not be interred by any one except those who prays 'Ad-Duhā prayer. And grace me by heart awakens, so I can be from those awakened. And erased their existence, in the presence of their lover existence,

اللَّهُمَّ إِنِّي أَتَشَقَّعُ عِنْدَكَ بِمَنْ سَنَّ الضُّحَىٰ وَصَلَّاهَا ، وَبِالشَّمْسِ وَضُحَاهَا ، وَالْقَمَرِ إِذَا تَلَاهَا وَالنَّهَارِ إِذَا جَلَّاهَا ، وَاللَّيْلِ إِذَا يَغْشَاهَا ، أَنْ تَرْفَعَ عَن عَيْنِ الْقَلْبِ غِطَاهَا وَغِشَاهَا ، لِتَشْهَدَ الْأَشْيَاءَ عَلَى مَا هِيَ عَلَيْهِ عِيَانًا ، وَتُذْرِكَ ذَلِكَ كَشْفًا وَإِبْقَانًا يَا اللَّهُ ، يَا اللَّهُ ، يَا اللَّهُ ،

'allāhumma 'innī 'atashaffa'u 'indaka biman sanna 'adduhā wa sallāhā, wa bishshamsi wa duhāhā, walqamari 'idhā talāhā, wannahāri 'idhā jallāhā, wallayli 'idhā yaghsāhā, 'an tarfa'a 'an 'ayni 'alqalbi ghitāhā wa ghisāhā, litashhada 'al'ashyā'a 'alā mā hiya 'alayhi 'iyānā, wa tudrika dhālika kashfan wa 'iqānan yā 'Allāh, yā 'Allāh, yā 'Allāh,

O Allah I interceded to You by the one who initiated 'Ad-Duhā prayer, and practised it. By the sun and its (glorious) splendour. By the moon as it follows (the sun). By the day as it shows up (the sun's glory). By the night as it conceals it. I call on You by all these, so as to remove the cover from the eye of the heart. So it can see things clearly and (as they are in their real forms). And understand all that, by true faith and by witnessing. O Allah, O Allah, O Allah.

وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ الْمُنْزَلِ عَلَيْهِ فَأَوْحَىٰ إِلَىٰ عَبْدِهِ مَا أَوْحَىٰ ، وَعَلَىٰ آلِهِ وَصَحْبِهِ مَا صَلَّىٰ مُصَلِّ صَلَاةِ الضُّحَىٰ ، وَعَلَىٰ التَّابِعِينَ وَتَابِعِيهِمْ بِإِحْسَانٍ إِلَىٰ يَوْمِ الدِّينِ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ .

wa sallā 'Allāhu 'alā sayyidinā Muhammadin 'almunzali 'alayhi fa'awhā 'ilā 'abdihi mā 'awhā, wa 'alā 'ālihi wa saḥbihi mā sallā musallin salāt 'adduhā, wa 'alā 'attābi'īna wa tābi'īhim bi'ihṣānin 'ilā yawmi 'addīn walhamdu lillāhi rabbi 'al'ālamīn.

Allah prayers be upon sayyidinā Muhammad to whom came the revelation: "so did (Allah) convey the inspiration to his servant (conveyed) what he (meant) to convey". His family and companions, as long as any worshipper prayed 'Ad-Duhā prayer. Also Allah prayers upon the followers and those follow them by doing good, till the day of religion. And praise be to Allah the Cherisher and Sustainer of the worlds.

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